



KNIGHTS OF COLUMBUS BULLETIN

FALLBROOK COUNCIL 7069--DIVISION 5-- DISTRICT 156

October 2026



Brother Knights,

As we welcome October, the month dedicated to the Holy Rosary, let us take a moment to reflect on the importance of faith, family, and service to others. Our council continues to make a meaningful difference in our parish and community through the generosity and dedication of our Brother Knights and their families. This month, as we prepare for our annual Intellectual Disabilities (ID) Drive and other council activities, I encourage each of you to find an opportunity to get involved and put our faith into action. Together, we can continue strengthening our brotherhood, supporting those in need, and living out the principles of Charity, Unity, and Fraternity. May God bless you and your families throughout this beautiful month of October.

Vivat Jesus!

Adam Nogueira
Grand Knight, Council 7069

2026-2027 ROSTER OF OFFICERS AND DIRECTORS

Grand Knight	Adam Nogueira	1 Year Trustee	Tim Willard
Deputy Grand Knight	Tyler McNeil	2 Year Trustee	Maurice Bernier
Chancellor	Jim Binford	3 Year Trustee	Rick Bernier
Financial Secretary	Gene Simon	Insurance Agent	
Warden	Paul Hertig	District Deputy	Frank Chavez
Recorder	Devin Hurst		
Treasurer	Ken Quigley	Faith Director	Tim Melvin
Advocate	Jeremy Ridgeway	Community Director	
Inside Guard	Rob Helling	Life Director	Mike Sangster
Outside Guard	Curtis Kahle	Family Director	
Chaplin		Membership Director	

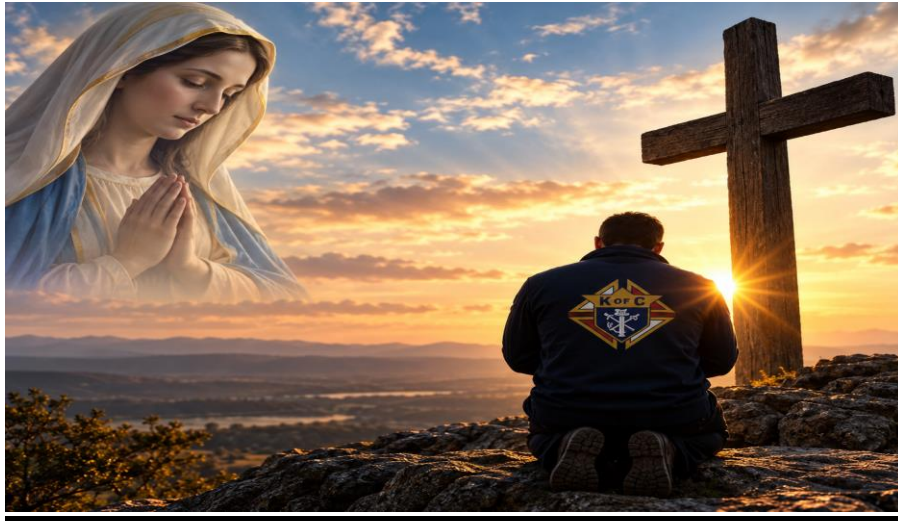
CALENDAR OF EVENTS

October:

7 Wed Officer's Meeting 6pm
14 Wed Social 6pm | Business Meeting 7pm
21 Monthly Meet Up, 6pm | Backdraft Bar & Grill
24 Spaghetti Dinner 5pm | St Peter's Hall
24 & 25 Canned Food Drive – Collections at Mass
28 Wed Potluck Dinner, 6pm | St Peter's Hall

November:

4 Wed Officer's Meeting 6pm
11 Wed Social 6pm | Business Meeting 7pm,
18 Monthly Meet Up, 6pm | TBD
21 & 22 Canned Food Drive – Collections at Mass
25 Wed Potluck, 6pm | St Peter's Hall
29 Sun Corporate Communion – 8:45am Mass



October Reflection

Love While There Is Still Time

Brother Knights,

There is something that has stayed with me from my time serving in hospital ministry and visiting residents at a skilled nursing facility here in Fallbrook. I have met men and women who have lived full lives, raised families, served their country, and spent years caring for others. Yet, in this season of their lives, some find themselves alone, waiting for someone to visit, have a conversation, or simply remind them that they still matter.

I remember visiting elderly people and veterans on Christmas Eve, people who had nobody coming to see them. Think about that for a moment. Some had given years of their lives serving our country or caring for their families, yet on a day centered on love and togetherness, they were alone.

Those experiences have stayed with me because they remind me that sometimes, the smallest act of kindness can mean more than we realize.

October gives us a beautiful opportunity to reflect on this. We celebrate the month of the Holy Rosary, and as we approach November, we prepare for All Souls' Day, remembering those who have gone before us. As Knights, we should carry our rosaries with us and pray them often. But our faith cannot remain in our hands as we pray. It must also be present in the way we love and serve others.

Brothers, we speak about charity, unity, and fraternity. But what do these principles mean if we don't show up when someone needs us? What does brotherhood mean if we forget our elderly members, our widows, our sick brothers, and those who can no longer participate as they once did?

Our culture too often measures people by what they can produce rather than who they are. But human dignity never expires. A person's worth does not diminish with age, illness, or dependence on others.

As we prepare to remember the faithful departed on All Souls' Day, let us also remember those who are still with us. We can attend funerals, share beautiful memories, and honor someone's legacy after they are gone. But what if we gave people that same love and appreciation while they were still here to receive it?

Let us not wait until someone becomes a memory to treat them like a blessing.

This October, I challenge each of us to take action. Visit a nursing home. Call an elderly brother Knight. Check on a widow. Spend time with a veteran. Reach out to someone who has quietly disappeared from our lives.

We don't need a committee or a special event to show someone they matter. We just need a willing heart. I pray that we experience *metanoia*, a genuine change of heart, recognizing that our faith is not measured only by what we profess, but by how we respond when Christ places someone in need before us.

Let us pray for the dead, honor those who came before us, and love those who are still here. Don't wait until it's too late.

Vivat Jesus!
Sergio Almada

Council Meeting – (Wednesday, October 14th 6pm)

Get ready for our next Knights of Columbus Council meeting! We'll have an optional social hour at **6 PM** with food, drinks, and good conversation, and the official meeting begins at **7 PM** sharp. We will be welcoming two new members this month! Please dress in a coat and tie. **Let's welcome our new members!!!**

Please continue to reach out to men you know would enjoy and benefit from our Catholic, fraternal organization!

Whether you come for the pre-meeting hangout or just the meeting, we look forward to seeing you there!



Monthly Meet-Up (Wednesday Oct 21st 6pm)

Backdraft Bar & Grill - 6pm | 5525 Hwy 76, Ste F Bonsall

Last Knights of Columbus Meet Up at Village Pizza was a wonderful evening filled with great food, fellowship, and plenty of laughs. It was a blessing to spend time together strengthening the bonds of brotherhood that make our Council so special. Thank you to everyone who joined us—we truly enjoyed the time together and look forward to seeing you and your families at our upcoming **Meet Up October 21st!** Families are welcome, and we hope you can join us for an evening of fellowship!



Monthly Potluck Dinner

Last month's potluck was a wonderful evening of fellowship—so many friendly faces, great conversations, and an incredible spread of dishes! Thank you to everyone who cooked, baked, and pitched in to make it such a warm, welcoming night for our council and families. It's always a blessing to share a meal together and strengthen our bonds. We're excited to keep the momentum going—can't wait to see you all at this month's potluck!

Knight of the Month – Brother Hugo Portillo

We are proud to recognize Brother Hugo Portillo as our October Knight of the Month! Hugo is a familiar and valued presence at many of our Knights of Columbus events, especially when it comes to grilling, smoking, and preparing delicious meals for our parish community. His culinary talents, generosity, and willingness to share both his time and specialized equipment have been a tremendous blessing to our council. Hugo consistently goes above and beyond to help make our events successful, demonstrating the true spirit of charity, service, and brotherhood. We are incredibly grateful for his dedication and year-round contributions. Please join us in congratulating Hugo and thanking him for all he does for our council and parish!

Family of the Month – The Foley Family

We are proud to recognize the Foley Family as our October Family of the Month! Bryan and Jerri are wonderful examples of faith in action, generously dedicating their time and talents in service to our parish community. Many of you have seen them faithfully serving in the Hospitality Ministry during Mass, warmly welcoming parishioners and helping create an inviting atmosphere for all. Jerri also serves through Martha's Ministry, compassionately assisting families during difficult times by helping prepare, serve, and clean up for funeral receptions. Additionally, she brings the gift of the Holy Eucharist to the sick and homebound as an Extraordinary Minister of Holy Communion. Their unwavering commitment to serving others truly reflects the values of faith, charity, and family that we hold dear as Knights of Columbus. We are incredibly grateful for their generosity and dedication. Please join us in congratulating the Foley Family and thanking them for all they do for our parish community!

Vivat Jesus!

Tyler McNeil
Deputy Grand Knight

Food Drive (October 24th & 25th)

Your continued support truly makes a difference for local families. Last month we collected 40 lbs in donations. Our **next food drive will take place October 24th & 25th**, and we invite everyone to once again come together in the spirit of charity and service to support this important effort.

There are thousands of individuals in our community, 40% of whom are children, who do not have enough food. The Fallbrook Food Pantry has a quote on their publications that reads: "When you're hungry, nothing else matters." Jesus has said "when you give to the least among you, you give to me."

Please bring non-perishable food items to the church the 4th weekend of every month.



The poster features the Knights of Columbus logo at the top left, with the motto "In Service to One. In Service to All." to its right. Below the logo are the words "CHARITY • UNITY • FRATERNITY • PATRIOTISM". The main title "ID DRIVE" is in large, bold letters, with "Helping People with Intellectual Disabilities" underneath. To the right is a graphic of two people, one standing and one in a wheelchair, holding hands under a heart. Below this is a photo of a smiling man with his hands raised, with the text "Different Abilities Brighter Futures" written over it. The poster also mentions "BENEFITING D'Vine Path" and lists four ways to contribute: GIVE, SUPPORT, EMPOWER, and BUILD. At the bottom, there are instructions on how to donate online via QR code or through Zelle, with the Zelle code "koc7069".

Knights of Columbus
In Service to One.
In Service to All.
CHARITY • UNITY • FRATERNITY • PATRIOTISM

ID DRIVE

Helping People with Intellectual Disabilities

Join the Knights of Columbus in supporting individuals with intellectual disabilities in our community.

BENEFITING

D'Vine Path
EMPOWERING ABILITIES. ENRICHING LIVES.
in Fallbrook, CA

GIVE
Your support makes a difference

SUPPORT
Local programs and services

EMPOWER
Individuals to live fuller, independent lives

BUILD
A stronger, more inclusive community

Different Abilities Brighter Futures

Together We Make a Brighter Tomorrow

DONATE ONLINE
Scan the QR code to donate

DONATE WITH ZELLE®
Zelle to: **koc7069**
Use this Zelle® code to make a donation

ALL DONATIONS GO DIRECTLY TO D'VINE PATH IN FALLBROOK, CA

Annual ID Drive – October 16, 17 & 18

Our Council is preparing for this year's annual **ID Drive**, taking place **October 16–18**. This important Knights of Columbus program raises funds to support individuals with intellectual disabilities at D'Vine Path. We are currently looking for volunteers who can give a few hours of their time throughout the weekend. This is a wonderful opportunity to put our principle of Charity into action and make a meaningful difference in the lives of others. With the support of our Brother Knights and families, we can make this year's ID Drive a great success! Please speak with one of the Officers if you are interested in participating!

Feel free to scan the QR Code or use Zelle to donate today! Please contact Ben Ochoa to get involved! (760)390-4491.



Spaghetti Dinner and Parish Social, 24 October (5-7:30pm)

The Spaghetti Dinner is here! Please come out and support our Council and the Parish by participating in the Spaghetti Dinner later this month. We'll be serving food from 5 to 7:30pm on 24 October (Saturday), in the Parish Hall. Final set-up and decorating will begin at 10am on Friday, 23 Oct. We'll need the kitchen crew in the kitchen around 4pm to get ready to serve. We'll have the 6th, 7th and 8th graders from SPACS to serve the meals so guest can come in and go straight to a table. I only have a couple Knights who have volunteered to serve in the kitchen. I will need at least (6) Knights or their spouse to ensure the kitchen runs smooth. If you can help in any way, please contact Brother Rick Bernier and let him know (540)710-3029. Remember, every Knight is expected to drop-off 4 pounds of par-boiled spaghetti before the start of the event to make sure we have enough food!

Please don't forget to drop-off your spaghetti Saturday afternoon!

Spaghetti Instructions:

- Bring 4lbs of par-boiled spaghetti pasta in one-gal zip-lock bags.
- Boil 4LB pasta in lightly salted water for 8 minutes (boil the water before dropping in the spaghetti)
- Lightly oil with olive oil (no butter)
- Allow to cool then place in zip-lock bag.

*****PLEASE just regular spaghetti only, no fettuccine, no linguine, no gluten free, no whole wheat and absolutely no angel hair.**



SPACS Trunk or Treat – Friday, October 30th

Our annual St. Peter the Apostle Catholic School Trunk or Treat is just around the corner, and we need the help of our Brother Knights! The event will take place on Friday, October 30th, from 5:30 PM to 7:30 PM, and our council will once again be firing up the grills to serve delicious hamburgers and hot dogs to our parish families. We are looking for volunteers to assist with grilling and food preparation. Volunteers are asked to arrive at the church parking lot by 5:00 PM to help get everything ready. While the event runs until 7:30 PM, our grilling duties will wrap up once all the burgers and hot dogs have been served. This is a wonderful opportunity to support our parish school, enjoy some fellowship, and bring smiles to the faces of our youngest parishioners!

If you are available to help, please contact Brother Rick Bernier at (540) 710-3029. Thank you for your continued dedication and service to our parish community!



BBQFest 2026 – A Sizzling Success!

What an incredible evening of great food, fellowship, and community spirit! Our annual Knights of Columbus BBQFest was a tremendous success, and we are thrilled to announce that we **completely SOLD OUT!** The response from our parish community was overwhelming, with guests raving about the delicious barbecue and wonderful atmosphere.

We would like to extend a heartfelt thank you to everyone who helped make this event such a success, especially Big Jim, Dubensky, Rob Helling, Adam Nogueira, Mary, Pat, Hugo and Giovanni Portillo, Michael Ridgeway, Tim Willard, Mike Sangster, Bob LaFave, Ben Ochoa, Dick Hardy, Mike Whitmore, Rick Bernier, Tyler McNeil, Mark Mullin, Gene Simon, Paul Hertig, Bob Huber, Ken Quigley, Arthur Rodriguez, Jim and Lisa Farhadi, Adam Zeineddine, Jeff Reyes, Angel Reyes, Curtis Kahle, Tim Melvin, Larry Mitzner, Mary Patz, and Jim Binford. We apologize if you were a part of this event and were not mentioned. Whether you helped prepare the food, worked behind the scenes, served our guests, or simply came out to support the event, your contributions made a difference. Thank you for making BBQFest such a memorable evening and for continuing to demonstrate what makes our council and parish community so special. We look forward to making next year's BBQFest even bigger and better!

Welcoming Our New Community and Family Directors!

We are pleased to announce and recognize two Brother Knights who have stepped forward to take on important leadership roles within our council! Please join us in congratulating **Brother Ben Ochoa, our new Community Director, and Brother Adam Zeineddine, our new Family Director!** These positions play an important role in strengthening our council's commitment to charity, service, and fellowship. As Community Director, Ben will help coordinate opportunities for our Knights to serve and make a positive impact throughout our parish and surrounding community. As Family Director, Adam will focus on strengthening family involvement, encouraging fellowship, and supporting activities that bring our Knights and their families closer together. We are incredibly grateful to both Brothers for their willingness to serve and share their time and talents. Please join us in thanking Ben and Adam for stepping into these leadership roles and offering them your support as they help our council continue to grow and thrive. **Vivat Jesus!**

Active Greeters for Weekend Masses

Brother Knights, Fr Dibeashi recently discussed his concerns regarding security during Mass with a few Knights. We know in the past there have been a couple incidents during Mass where our Parish Hospitality crew (mainly Knights) were able to handle the situations and the Masses were able to continue uninterrupted. During this discussion Father was pleased to know that we have such a strong presence of Knights within the Hospitality group and that they already maintain a high level of situational awareness at the rear of the Church during Mass. He understands that we are not a formal security detail since that would require certain classes to be attended, as well as annual certifications. We, as Knights who support our Pastor and Parish, are in a wonderful position to be active greeters not only when serving as part of the Parish Hospitality but also as regular attendees of Mass. Be aware of who is around you and introduce yourself to those whom you have not met before. Don't wait to get into Church to speak to people. Start those conversations in the parking lot. We're not aware of any new threats to our Parish and we absolutely don't want to turn anyone away. In the last couple years, our school initiated a greeter program primarily led by Knights who walk around Church during the Children's Mass on Thursdays. Father loves this approach and would love to see something similar during the Saturday evening Mass and Masses on Sunday. Until a formal program is initiated by the Parish, please be vigilant and if you see something, say something.

Good of the Order Drawing for October

Make sure you attend our Counsel Meeting on Wednesday, October 14th at 7pm at the Parish Hall to win this month's good of the order drawing!

Welfare Committee

Brother Tim Melvin has volunteered to head this committee in hopes of bringing more support to those Knights in the area whom we have not seen recently. A phone conversation is a good start but going to someone's home and spending time with them, knee to knee, is truly what we are about. If you know of a brother Knight that is

in need or distress please contact our Tim Melvin 805-796-0550 or our Grand Knight Adam Nogueira 760-535-5387 so that we can help!

We Need Email Info for Widows

If you have the email contact for any of our widows, please send it to the Grand Knight so that he can build a contact list and ensure our widows have our bulletin so they're able to attend our events. Call or Text Adam Nogueira at (760)535-5387

Birthdays (October)

James B Mc Sheehy, Michael J Standish, Larry L Mitzner, Benjamin J Binford, Jason M Day, Lesley H Von Nordheim, Frank J Messina, Anonce Pierre-Paul, James L Dionne

Prayer List

Please keep in your prayers the members and their families who are sick or in distress. Please pray for The Losch Family, Daryl Suzukawa, Bruce Bevans, Carol Carper, Jan Bruno, Joe and Anne Marie Trechtor, Les and Barbara Von Nordheim, John Hersh, Charlotte Price, Nancy Brown, Father Bob, Peter Berens, Jim Christianson, Myrna Binford, Cathy Krajewski, Jonathan Diza, Barry & Winnie Pavlovich, Linda Hyack, Carolyn LaFave, Jeff Reyes, Imelda Roth, Lelani Pedro, Bill Byrne, Matt Scherer, Julie Bernier, Carry Bergantine, Janet & Francis Ridgeway, Carrie Egan, Richard Hardy, Maurine Carper-Mitzner, Marie & Anaunce Pierre-Paul, Falcia Hurst, Dave Sheppard, Mike Socha, Julie Miller

**If you know of someone in need of prayers, please call our
Grand Knight, Brother Adam Nogueira 760-535-5387**
